

## Self-Assessment

It's always a smart tactic to ask yourself a few basic questions about your experience as a team leader. This exercise is designed to help you identify any areas of concern and think about how best to address them.

### Questions:

1. What have been your top three challenges in leading teams?
2. What have been your top three successes in leading teams?
3. What are your top three strengths or assets as a leader?
4. What is your single most effective team building practice, tool, or solution?
5. What have you tried as a leader that did not work?
6. What is the most essential piece of advice you would give to a new leader or manager about leading teams?
7. How have you changed as a team leader?

### Next Steps:

- Identify one leadership challenge from above to explore.
- Consider any underlying issues/dynamics, as well as your strengths and assets as a leader.
- Document possible solutions, changes, or effective practices to implement in addressing your leadership challenge

Leadership Challenge	
Underlying Issues or Dynamics	
Leadership Strengths and Assets	
Solutions	